

CELLINI SPIRAL BRACELET

by Meredith Roddy



Materials

- Supplies:
 - Beadalon® Nymo® Nylon Thread, Earth Tone
 - Beadalon® Collapsible Eye Needles, Medium
 - Scissors
 - Thread conditioner or beeswax
- Beads:
 - Miyuki Delica Glass Round Seed Beads Grey Mist Silverlined
 - John Bead Czech Glass Seed Beads, 10/0 Grey
 - John Bead Czech Glass Seed Beads, 8/0 Yellow
 - Silver Glass Small Faceted Rondel Beads, 3mm

Instructions:

STEP 1 Cut a 5 foot (152 cm) of Nymo, stretch and condition it, and thread it through the needle. Double the thread, bring the ends together and tie a knot.

STEP 2 Pick up – (6) delica beads; (2) grey size 10/o seed beads; (2) yellow size 8/0 seed beads; (2) 2mm beads; (2) yellow size 8/0 seed beads; (2) grey size 10/o seed beads. Make a circle with the beads, tie a square knot and then pass through the first two delicas.

STEP 3 - Work tubular even count peyote stitch.

Pick up (1) delica, skip the next delica and stitch through the next delica in the circle. Pick up (1) delica, skip the next delica and stitch through the next delica in the circle. Pick up (1) delica, skip the next size 10/o seed bead and stitch through the next size 10/o seed bead in the circle.

Pick up (1) 10/o seed bead, skip the next size 8/o seed bead and stitch through the next size 8/o seed bead in the circle.

Pick up (1) 8/0 seed bead, skip the next 2mm bead, and stitch through the next 2mm bead in the circle.

Pick up one 2mm bead, skip the next size 8/o seed bead, and stitch through the next size 8/o seed bead in the circle.

Pick up (1) 8/0 seed bead, skip the next 10/o seed bead, and stitch through the next size 10/o seed bead in the circle.

Pick up (1) 10/o seed bead, stitch through the first delica in the circle, and step up by stitching through the first delica that you added in this round.

STEP 4 Continue working tubular even count peyote stitch until your bracelet is the size you want. End by zipping up the beginning to the end.

TIPS:

- The next bead you pick up and stitch will be the same color and size as the bead that your needle is coming out of.
- When you need to add thread, weave a new thread in to where your thread is exiting, and start beading. After a few rows, weave the tails into your work.
- Work carefully, so that you don't split the Nymo thread.
- Stitching with a relatively tight tension will help to create the spiral.